NOKWANDA GRAVA

PURDUE GRADUATE STUDENT

Major: Counseling Psychology, Ph.D. Home Country: South Africa & United States

Why did you choose Purdue?

I was drawn to Purdue because of the strong reputation and because of the work done by the faculty in my department.

Please briefly describe your research:

My research interests include indigenous African conceptions of healing and wellbeing, community-based participatory research, and emic research as a tool for decolonization.

How did you decide what to study?

Counseling psychology was my major as an undergraduate at the University of South Africa, and I chose this path because I wanted to be able to advocate for the mental health needs of vulnerable children and families.

What was your process for selecting a graduate school?

When I applied to Purdue, I was already enrolled in a masters program at Michigan State University, so I was already living in the US. That allowed me to travel to different programs and interview and get to see the campuses. Purdue's resources were the most attractive to me as a grad student.



How do you de-stress in your free time?

There are lots of parks in the area, and I like to go on hikes. The Celery Bog Nature Area in West Lafayette is particularly nice.

How do you keep yourself organized?

Organization is essential in grad school, and I do my best to have multiple backup systems. I primarily use a to-do list and a dry erase calendar, but my phone and computer also have calendars and reminders where I place all my deadlines.

What are you hoping to do after your life at Purdue?

I hope to return to South Africa so that I can teach and conduct research.



EXPLORE YOUR OPTIONS

PURDUE GRADUATE PROGRAMS

COLLEGE OF AGRICULTURE

Agricultural and Biological Engineering Agricultural Economics Agricultural Sciences Education and Communication Agronomy Animal Sciences Biochemistry Botany and Plant Pathology Entomology Food Science Forestry and Natural Resources Horticulture

COLLEGE OF EDUCATION

Curriculum and Instruction Educational Studies

COLLEGE OF ENGINEERING

Aeronautics and Astronautics Biomedical Engineering Chemical Engineering Civil Engineering Electrical and Computer Engineering Engineering Education Engineering Management Environmental and Ecoloigcal Engineering Industrial Engineering Interdisciplinary Engineering Materials Engineering Mechanical Engineering Nuclear Engineering

INTERDISCIPLINARY

PROGRAMS

Defense Engineering and Technology Biomedical Sciences Ecological Sciences and Engineering Information Security Life Science

COLLEGE OF HEALTH AND HUMAN

SCIENCES

Consumer Science Health and Kinesiology Health Sciences Hospitality and Tourism Management Human Development and Family Studies Nursing Nutrition Psychological Sciences Public Health Speech, Language, and Hearing Sciences

COLLEGE OF LIBERAL ARTS

American Studies Anthropology Art Communication Comparative Literature Design English History Languages and Cultures Linguistics Philosophy Political Sciences Sociology Theatre

KRANNERT SCHOOL OF MANAGEMENT

Business Analytics and Information Management Economics Finance Global Supply Chain Management Management Marketing Organizational Behavior and Human Resource Management

COLLEGE OF PHARMACY

Industrial and Physical Pharmacy Medicinal Chemistry and Molecular Pharmacology Pharmacy Practice

PURDUE POLYTECHNIC INSTITUTE

Aviation Technology and Management Computer and Information Technology Computer Graphics Technology Construction Management Technology Engineering Technology Technology Technology, Leadership, and Innovation

Find more information at purdue.edu/ gradschool/academics/ graduate-degree-programs



Purdue is centrally located in West Lafayette, Indiana - approximately two hours south of Chicago, Illinois and one hour north of Indianapolis, IN.

Questions? Email gradinfo@purdue.edu



COLLEGE OF SCIENCE

Biological Sciences Chemistry Computer Science Earth, Atmospheric, and Planetary Sciences Mathematics Physics Statistics

COLLEGE OF VETERINARY MEDICINE

Basic Medical Sciences Comparative Pathobiology Veterinary Clinical Sciences