

PGSG Presentation to the Board of Trustees 8 Feb 2019

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## **PGSG Structure**



## Career Team

- Graduate student career fair
- Prof development coordination with COO and Grad School

#### **GRAC**

#### **PGSG Grant Programs**

- Travel Grant
- Professional Grant and more...

Purdue Graduate Student Senate

#### Life Team

- Social Events
- MHAW
- GSAW

### Community Team

- Grad student health care and housing
- Next Gen Scholars
- Big Grad Event

# Mental Health Awareness Week SCHEDULE



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	Time	EVENT	<b>Presented By</b>	Location	TOPIC
4	10 AM - 11 PM	Kick Off Speech	Dr. Prieto-Welch	PGSC	
	11 AM - 12 PM MON FEB	YOGA/Meditation	SKY	PGSC	Building Your Armor: Self-Care
	12 PM - 1 PM	Talk	CAPS	PGSC	Protect Your Brain through Healthy Thinking
•	06 PM - 08 PM	Knitting	Alden Bradford	PGSC	Learn to Knit (Beginners and Pros)
	9 AM - 11 PM	Wake Up & Work	PGSG	PGSC	Get 2 hours work done - No Procrastination
7	TUE		Ismail Center	PGSC	Cardio
١	11 AM - 12 PM FEB	Group Workout			
1	1:30PM-2:30PM 5TH	Talk	Dr. Luana Nan	PGSC	Anxiety and Depression
L	06 PM - 08 PM	Talk	CAPS	PGSC	Get Level: Bring Yourself Back to Center
	The Book				
	9 AM - 11 PM	Talk	Haley Snell-sparapany	PGSC	Healthy Eating: Eat Right on a Tight Budget
	CED.	YOGA/Meditation	SKY	PGSC	Connect Within: Meditation
	12:30PIVI - 2 PIVI 6TH	Talk/Training	Dean of students office		QPR Suicide Prevention Training
	6 PM - 8 PM	Food Demonstration	CoRec	CoRec	Making Cooking Easy
				2000	
	9 AM - 11 PM	Talk	Will Evans	PGSC	Stress and Time Management
1	FER	Group Workout	Ismail Center	PGSC	Cardio
	12 PM - 1 PM 7TH	Talk	CAPS	PGSC	Connect With Your World through Effective Communication
	6 PM - 8 PM	Painting	Naomi Levine	PGSC	Relieve Stress Through Art- Beginners and Pros
	11 AM - 12 PM FRI	YOGA/Meditation		PGSC	Restorative Yoga
	06 PM - 08 PM FEB	Bowling	PGSCG	PMU	Keep Calm and Strike!
					BUILD YOUR
	MARK MEMORINAN	35.50.60	CONTRACTOR AND A SECOND CONTRACTOR		MENTAL HEALTH



Scroll Down to RSVP

FEBRUARY 4-8, 2019

TOOLKIT

## **Graduate Student BoRR**



How can we promote a graduate culture where students and their needs are emphasized as much as their academic and research success?

Aspirational -> Foster best mutual success

University Senate, endorsed with follow-up Graduate Council, pending endorsement



## Thank you!