

**SAFE EATING GUIDELINES FOR RECREATIONALLY-
CAUGHT FISH FROM INDIANA'S INLAND WATERS**

GROUPS	Women of childbearing years, nursing mothers and children under 15, limit consumption to:	Other adults, limit consumption to:
Group 1	1 meal per week: Any fish species listed as Group 1 from a waterbody in the site specific guidance table.	Unlimited consumption: Any species under the size class listed as a Group 1 in the site specific guidance table.
Group 2	1 meal per month: All black bass (smallmouth, largemouth and spotted), channel catfish, flathead catfish shorter than 38 inches, walleye or sauger shorter than 24 inches, northern pike, white bass, striped bass shorter than 28 inches, rock bass, other species.	1 meal per week: All black bass (smallmouth, largemouth and spotted), channel catfish, flathead catfish shorter than 38 inches, walleye or sauger shorter than 24 inches, northern pike, white bass, striped bass shorter than 28 inches, rock bass, other species.
Group 3	Do Not Eat: Walleye and sauger longer than 24 inches, flathead catfish longer then 38 inches, and striped bass longer than 28 inches.	1 meal per month: Walleye and sauger longer than 24 inches, flathead catfish longer then 38 inches, and striped bass longer than 28 inches.
Group 4	Do Not Eat: Same as Group 3	1 meal every 2 months
Group 5	Do Not Eat: Same as Group 3	Do Not Eat