

YOUR PATH



PHYSICAL HEALTH

Your **physical health** is critical to your total well-being, so the **Your Path program** champions health education, preventive care and ongoing treatment programs. Our comprehensive and **cost-controlled medical, dental and vision benefits** give you the foundation you need for physical wellness. Additionally, we offer several convenient and affordable resources to help you be proactive and in charge of your health.

COMPREHENSIVE HEALTHCARE

Benefit-eligible employees receive:

- Medical coverage
- Dental insurance
- Vision insurance
- Workers compensation

CENTER FOR HEALTHY LIVING

► For more information, visit purdue.edu/healthyliving

One of the key ways we help our employees achieve optimal health is through our Center for Healthy Living.

Our onsite health centers are available to all benefits-eligible faculty and staff as well as dependents covered on a Purdue health plan. The care, convenience and cost we offer are all designed with you in mind.

- Primary care and wellness
- Treatment for common illnesses
- Chronic disease management
- Dietitian consultation
- Tobacco cessation program
- Health coaching
- Onsite pharmacist for medication review and consultation
- Free wellness programs
- Cologuard colon cancer screening
- Telehealth (24/7)
- Weight management program

EARN WELLNESS INCENTIVES

As you complete health and wellness activities, you can earn financial incentives from Purdue, which are deposited monthly to your HSA or HRA. **You take care of yourself, and we help take care of you.**

You could earn up to:

\$700
EMPLOYEE

\$1,400
EMPLOYEE PLUS

Get started today at
purdue.wellright.com

CENTER FOR HEALTHY LIVING

\$0
PREVENTIVE
CARE

YOUR PATH



PHYSICAL HEALTH

PREVENTIVE CARE

Preventive care is completely free under all Purdue medical plans.

- Annual physicals for men and women
- Preventive screenings: blood pressure, type 2 diabetes screening, cholesterol and lipid levels, etc.
- Immunizations
- Annual flu vaccine
- Gender/age-specific well visits/screenings (mammogram, colonoscopy, etc.)

VOLUNTARY BENEFITS: PHYSICAL HEALTH

Voluntary benefits can give you extra peace of mind that if an unexpected situation occurs you will have additional financial protection. You can pay for the following insurance benefits via payroll deduction:

- Accident
- Critical Illness
- Supplemental Hospital

DIRECT AGREEMENTS

Purdue has partnerships with certain providers to give Purdue employees and dependents specialized care at affordable rates.

- Physical Therapy (ATI), including an onsite program on the West Lafayette campus
- Hip and Knee Replacements (Carrum Health)
- Spinal Fusion Surgery, Oncology, Bariatric, Musculoskeletal, Cardiac & Sports Medicine (Carrum Health)
- Mammogram Program (Franciscan Health)
- Specialty Prescriptions (Archimedes)
- Labs (Tier 1 Providers)

LIVE YOUR BEST LIFE

The **Your Path Wellness Program** offers a full spectrum of benefits and resources aimed at improving your health and wellness.

And because we believe overall wellness is multi-faceted, the program focuses on your **behavioral health, financial wellness, physical health, social wellness and work-life integration** to help you be the best you can be.