

# Bingo Card Guide – Quarter 1

- **Register for Healthy Boiler portal** – Refer to page 4 of the [Healthy Boiler Guide](#) for registration instructions if you are not already registered.
- **Complete Monthly Healthy Boiler Challenge** – Log into the [Healthy Boiler Portal](#), scroll down to the Healthy Boiler Monthly Challenges on the homepage, find the tile of the challenge you wish to complete, click on the icon, complete and track the challenge. There is a new monthly challenge for each pillar each month, complete the monthly challenge(s) that correlates with the current Bingo card. You will follow these same steps, clicking on the correlating tile in the portal for each pillar workshop on the Bingo card you are completing.
- **Attend SupportLinc Webinar** – Go to the [SupportLinc website](#) and sign in or create an account if you do not have one (Code: purdue). Scroll down to Dashboard and under My program click on “Mental Health Webinars”. Click on “Click to Register”, click on “Register and Access Course”, then sign into the webinar platform, or create an account if you do not have one. You will now be directed to the webinars, and you may choose from the list of webinars on the left-hand side menu. Webinar handouts are located under the video.
- **Register with Fidelity and take the Financial Wellness Checkup** – Go to the Purdue benefits website at [www.purdue.edu/benefits](http://www.purdue.edu/benefits), scroll down halfway and click on “Retirement”, at the bottom of the left-hand side menu click on the “Get Your Personal Finance Picture” link, then sign into Fidelity, or create an account if you do not have one. You are now on the Financial Wellness Checkup page, click “Get started” and complete the checkup.
- **Meet with Fidelity Retirement Planner** – Go to the Purdue benefits website at [www.purdue.edu/benefits](http://www.purdue.edu/benefits), scroll down halfway and click on “Retirement”, in the middle of the menu on the left-hand side, click on “Schedule with a Fidelity Retirement Planner”, then sign into Fidelity, or create an account if you do not have one. At the bottom of the homepage, click on “Review your finances with a professional” under “Benefits Resources”. Follow the prompts to schedule your appointment.
- **Find your life insurance fit today via Securian’s Benefit Scout** – Go to the Purdue benefits website at [www.purdue.edu/benefits](http://www.purdue.edu/benefits), scroll down halfway and under “Additional Benefits” click on “Life and Voluntary Benefits”. Under “Life Insurance Plans”, click on the Benefit Scout link, then click on “Find your fit” at the top on the right. Follow the prompts and answer the questions to complete.
- **Register with HSA Bank and review investment opportunities** – Go to [www.hsabank.com](http://www.hsabank.com) and sign into HSABank or register and create an account if you do not have one. Click on “Manage

Investments” in the left-hand side menu. Review the opportunities under “Your Investments at a Glance”.

- **Attend a Healthy Boiler Workshop** – Log into the [Healthy Boiler Portal](#) and scroll down to Healthy Boiler Workshops on the homepage. Click on “Submit” on the tile and check the box then click “Submit” to register.
- **Meet with a Health Coach and/or CHL Nutritionist** – Contact CHL to schedule an appointment. Visit the [Center for Healthy Living Portal](#) or call CHL at 765-494-0111 to schedule.