

Healthy Boiler Bingo



HEALTHY BOILER

- 3. Upon clicking on a tile, you will see a screen like the one shown here
- The bullet points in the box on the right display the challenges necessary to complete this Bingo
- You may download the Bingo card with the challenges highlighted necessary to complete to earn this particular Bingo by clicking on the blue arrow under Download Documents

• Upon downloading the document, you will see a Bingo card with highlighted spaces to display which Bingo these challenges would achieve



HEALTHY BOILER BINGO				
BEHAVIORAL HEALTH	FINANCIAL WELLNESS	PHYSICAL HEALTH	SOCIAL WELLINESS	WORK-LIFE INTEGRATION
Complete Behavioral Health Challenge Masthly AB Challenge	Register with Fidelity and Take the Financial Wellness Checkup	Participate in Purdue Sk/Half Marathon or other Sk/Marathon Opportunities Register via HB Perted	Complete Social Wellness Challenge Montrly 158 Challenge	Complete Work-Life Integration Challenge Manity AS Challenge
Attend SupportLinc Webinar	Complete Financial Wellness Challenge Marthly Htt Challenge	Attend a Healthy Boiler Workshop	Participate in Purdue 5k/Half Marathon or other 5k/Marathon Opportunities Prepisate vie 742 Portal	Enjoy a Coffee or Lunch Break with a Coworker Owle & Location
Complete Behavioral Health Challenge Monthly AB Challenge	Meet with Fidelity Retirement Planner	Register for Healthy Boiler Portal Oyser/ve alwardy registered, consider this a free specer	Attend/Host a Meeting In-Person	Attend SupportLinc Webinar
Participate in Purdue 5k/Half Marathon or other 5k/Marathon Opportunities Physicar via 198 Ported	Find your life insurance fit today via Securian's Benefit Scout	Meet with a Health Coach and/or CHL Nutritionist	Complete Social Wellness Challenge Monthly FMI Challenge	Attend a Healthy Boiler Workshop
Complete Behavioral Health Challenge Monthly AB Challenge	Register with HSABank and review investment opportunities	Complete Physical Health Challenge Monthly AS Challenge	Enjoy a Coffee or Lunch Break with a Coworker Date & Location	Complete Work-Life Integration Challenge Monthly ASI Challenge

Healthy Boiler Bingo

pleted and the date vo

HEALTHY BOILER

Healthy Boiler Bingo



Healthy Boiler Bingo

HEALTHY BOILER

You may view your submissions for this . Bingo by clicking on View Submission

HEALTHY BOILER BINGO BOILER Diagonal Pillar Bingo #1 \$

152



To complete this challenge please submit the Bingo square you npleted. Bingo Squares that apply to this challenge are below

- Complete Behavioral Health Monthly Challer
- Complete Financial Wellness Monthly Challenge
- Register for Portal (Free Square)
 Complete Social Wellness Monthly Challenge
- Complete Work-Life Integration Monthly Challenge

Once you have successfully completed a • full Bingo, a report will be run at the end of each quarter to verify completion. You will receive an email to complete a Qualtrics survey to select your incentive. Each completed Bingo will enter you into the drawing for a grand prize, up to two entries. Additional information can be found at Healthy Boiler Bingo

To access the Healthy Boiler Bingo card without logging into the Healthy Boiler portal:

- 1. Go to www.purdue.edu/benefits
- 2. Click on Healthy Boiler Wellness Program

BENEFITS / WELLNESS @ PURDUE



htty Boiler Wellness Program is a multi-faceted approach to overall well-being composed s. Our goal is to help Purdue employees (and their families) across all campuses live their h res you can earn and workshops available to you. See the <u>Healthy Boiler Guide</u> for details

HEALTHY BOILER

3. Click on the Healthy Boiler Bingo tile in the bottom righthand side

Healthy Boiler Bingo



4. On the lefthand side, click on <u>Healthy</u> <u>Boiler Bingo Card</u>