



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit www.umar.com or by calling 1-800-207-3172. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.umar.com or call 1-800-207-3172 to request a copy.

| Important Questions | Answers | Why this Matters: |
|---|---|---|
| What is the overall <u>deductible</u>? | \$1,500 person / \$3,000 person + 1 / \$3,000 family | Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> . |
| Are there services covered before you meet your <u>deductible</u>? | Yes. <u>Preventive care</u> services are covered before you meet your <u>deductible</u> . | This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ |
| Are there other <u>deductibles</u> for specific services? | No. | You don't have to meet <u>deductibles</u> for specific services. |
| What is the <u>out-of-pocket limit</u> for this <u>plan</u>? | \$6,000 person / \$14,000 person + 1 / \$14,000 family | The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met. |
| What is not included in the <u>out-of-pocket limit</u>? | Penalties, <u>premiums</u> , <u>balance billing</u> charges, and health care this <u>plan</u> doesn't cover. | Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> . |
| Will you pay less if you use a <u>network provider</u>? | Yes. See www.umar.com or call 1-800-207-3172 for a list of <u>network providers</u> . | This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's charge</u> and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services. |
| Do you need a <u>referral</u> to see a <u>specialist</u>? | No. | You can see the <u>specialist</u> you choose without a <u>referral</u> . |



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|--|--|------------------------------------|---|
| | | EPO (You will pay the least) | Non-EPO (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$30 Copay per visit; Deductible Waived | Not covered | None |
| | <u>Specialist</u> visit | \$60 Copay per visit; Deductible Waived | Not covered | None |
| | <u>Preventive care/screening/immunization</u> | No charge; Deductible Waived | Not covered | You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. |
| If you have a test | <u>Diagnostic test</u> (x-ray, blood work) | 25% Coinsurance | Not covered | None |
| | Imaging (CT/PET scans, MRIs) | 25% Coinsurance | Not covered | None |

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|---|---|---|---|--|
| | | EPO (You will pay the least) | Non-EPO (You will pay the most) | |
| If you need drugs to treat your illness or condition. More information about <u>prescription drug coverage</u> is available at www.caremark.com . Specialty drug coverage is available at 888-318-0445. | Generic drugs (Tier 1) | Copay, deductible waived \$15 (retail 30 day) \$37.50 (mail order 90 day) | No coverage | None |
| | Preferred brand drugs (Tier 2) | Copay, deductible waived \$50(retail 30 day) \$125(mail order 90 day) | No coverage | |
| | Non-preferred brand drugs (Tier 3) | Copay, deductible waived \$100(retail 30 day) \$250(mail order 90 day) | No coverage | |
| | <u>Specialty drugs</u> (Tier 4) | 50% coinsurance \$300 maximum, deductible waived | No coverage | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 25% Coinsurance | Not covered | <u>Preauthorization</u> is required. |
| | Physician/surgeon fees | 25% Coinsurance | Not covered | |
| If you need immediate medical attention | <u>Emergency room care</u> | \$500 Copay per visit; Deductible Waived | \$500 Copay per visit; Deductible Waived | Copay may be waived if admitted |
| | <u>Emergency medical transportation</u> | 25% Coinsurance | 25% Coinsurance | None |
| | <u>Urgent care</u> | \$75 Copay per visit; Deductible Waived | Not covered | None |

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|---|--|------------------------------------|--|
| | | EPO (You will pay the least) | Non-EPO (You will pay the most) | |
| If you have a hospital stay | Facility fee (e.g., hospital room) | 25% Coinsurance | Not covered | <u>Preauthorization</u> is required. |
| | Physician/surgeon fees | 25% Coinsurance | Not covered | |
| If you have mental health, behavioral health, or substance abuse services | Outpatient services | \$30 Copay per visit; Deductible Waived office visits; 25% Coinsurance other outpatient services | Not covered | <u>Preauthorization</u> is required for Partial hospitalization. |
| | Inpatient services | 25% Coinsurance | Not covered | <u>Preauthorization</u> is required. |
| If you are pregnant | Office visits | No charge; Deductible Waived | Not covered | <u>Cost sharing</u> does not apply for preventive services. Depending on the type of services, <u>deductible</u> , <u>copayment</u> or <u>coinsurance</u> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). |
| | Childbirth/delivery professional services | 25% Coinsurance | Not covered | |
| | Childbirth/delivery facility services | 25% Coinsurance | Not covered | |

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|---|----------------------------------|--|------------------------------------|--|
| | | EPO (You will pay the least) | Non-EPO (You will pay the most) | |
| If you need help recovering or have other special health needs | <u>Home health care</u> | 25% Coinsurance | Not covered | 120 Maximum visits per calendar year combined with Private-duty nursing; <u>Preauthorization</u> is required. |
| | <u>Rehabilitation services</u> | \$60 Copay per visit; Deductible Waived office therapy; 25% Coinsurance hospital therapy | Not covered | 50 Maximum visits per calendar year OT; 50 Maximum visits per calendar year PT; 50 Maximum visits per calendar year ST |
| | <u>Habilitation services</u> | \$60 Copay per visit; Deductible Waived office therapy; 25% Coinsurance hospital therapy | Not covered | |
| | <u>Skilled nursing care</u> | 25% Coinsurance | Not covered | 60 Maximum days per confinement; <u>Preauthorization</u> is required. |
| | <u>Durable medical equipment</u> | 25% Coinsurance | Not covered | <u>Preauthorization</u> is required for DME in excess of \$500 for rentals or \$1,500 for purchases. |
| | <u>Hospice service</u> | 25% Coinsurance | Not covered | None |
| If your child needs dental or eye care | Children's eye exam | No charge; Deductible Waived | Not covered | 1 Maximum exam per calendar year |
| | Children's glasses | Not covered | Not covered | None |
| | Children's dental check-up | Not covered | Not covered | None |

Excluded Services & Other Covered Services:

| Services Your <u>Plan</u> Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded services</u> .) | | |
|--|---|--|
| <ul style="list-style-type: none">• Dental care (Adult)• Long-term care | <ul style="list-style-type: none">• Routine foot care | <ul style="list-style-type: none">• Weight loss programs |
| Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.) | | |
| <ul style="list-style-type: none">• Acupuncture (limitations apply-EPO only)• Bariatric surgery (EPO only)• Chiropractic care (EPO only) | <ul style="list-style-type: none">• Cosmetic surgery (if medically necessary-EPO only)• Hearing aids (EPO only)• Infertility treatment (EPO only) | <ul style="list-style-type: none">• Non-emergency care when traveling outside the U.S.• Private-duty nursing (Outpatient care-EPO only)• Routine eye care (Adult-EPO only) |

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal or a grievance for any reason to your plan. Additionally, a consumer assistance program may help you file your appeal. A list of states with Consumer Assistance Programs is available at www.HealthCare.gov and <http://cciio.cms.gov/programs/consumer/capgrants/index.html>.

Does this plan Provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan Meet the Minimum Value Standard? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-207-3172.

Traditional Chinese (中文): 如果需要中文的幫助, 請撥打這個號碼 1-800-207-3172.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-207-3172.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf die do Nummer uff 1-800-207-3172.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-207-3172.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 1-800-207-3172.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 1-800-207-3172.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, â'gang 1-800-207-3172.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| | |
|---|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$1,500 |
| ■ <u>Specialist</u> copayment | \$60 |
| ■ Hospital (facility) <u>coinsurance</u> | 25% |
| ■ Other <u>coinsurance</u> | 25% |

This EXAMPLE event includes services like:

Specialist office visits (*pre-natal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work*)
Specialist visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,700 |
|---------------------------|-----------------|

In this example, Peg would pay:

| Cost Sharing | |
|-----------------------------------|----------------|
| <u>Deductibles</u> | \$1,500 |
| <u>Copayments</u> | \$0 |
| <u>Coinsurance</u> | \$2,800 |
| What isn't covered | |
| Limits or exclusions | \$70 |
| The total Peg would pay is | \$4,370 |

Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| | |
|---|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$1,500 |
| ■ <u>Specialist</u> copayment | \$60 |
| ■ Hospital (facility) <u>coinsurance</u> | 25% |
| ■ Other <u>coinsurance</u> | 25% |

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
Diagnostic tests (*blood work*)
Prescription drugs
Durable medical equipment (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$5,600 |
|---------------------------|----------------|

In this example, Joe would pay:

| Cost Sharing | |
|-----------------------------------|----------------|
| <u>Deductibles*</u> | \$100 |
| <u>Copayments</u> | \$400 |
| <u>Coinsurance</u> | \$0 |
| What isn't covered | |
| Limits or exclusions | \$4,300 |
| The total Joe would pay is | \$4,800 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| | |
|---|---------|
| ■ The <u>plan's</u> overall <u>deductible</u> | \$1,500 |
| ■ <u>Specialist</u> copayment | \$60 |
| ■ Hospital (facility) <u>coinsurance</u> | 25% |
| ■ Other <u>coinsurance</u> | 25% |

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
Diagnostic tests (*x-ray*)
Durable medical equipment (*crutches*)
Rehabilitation services (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,800 |
|---------------------------|----------------|

In this example, Mia would pay:

| Cost Sharing | |
|-----------------------------------|----------------|
| <u>Deductibles*</u> | \$1,100 |
| <u>Copayments</u> | \$800 |
| <u>Coinsurance</u> | \$0 |
| What isn't covered | |
| Limits or exclusions | \$10 |
| The total Mia would pay is | \$1,910 |

Note: These numbers assume the patient does not participate in the plan's wellness program. If you participate in the plan's wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact: www.umar.com or call 1-800-207-3172.

*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.