

HOW LONG CAN I KEEP IT?

ITEM	IN REFRIGERATOR (40°F)	IN FREEZER (0°F)
MEATS (Fresh) Roasts, Steaks, Chops, Ground Meat	3-5 days 3-5 days 1-2 days	6-12 months 6-9 months 3-4 months
HOT DOGS, LUNCH MEATS Hot Dogs, Opened Hot Dogs, Unopened* Lunch Meats, Opened Lunch Meats, Unopened*	1 week 2 weeks 3-5 days 2 weeks	In freezer wrap- 1-2 months
MEATS (Leftover) Leftover Meat Dishes Gravy and Meat Broth	3-4 days 1-2 days	2-3 months 2-3 months
POULTRY (Fresh) Chicken or Turkey (whole) Chicken or Turkey (pieces) Giblets	1-2 days 1-2 days 1-2 days	1 year 9 months 3-4 months
POULTRY (Cooked, Leftover) Leftover Chicken Dishes Leftover Fried Chicken Leftover Pieces, Plain Leftover Pieces with gravy Chicken Nuggets, Patties	3-4 days 3-4 days 3-4 days 1-2 days 1-2 days	4-6 months 4 months 4 months 6 months 1-3 months
SOUPS and STEWS Vegetable or Meat added	3-4 days	2-3 months
EGGS Fresh Hardcooked Egg Substitutes, opened Egg Substitutes, unopened	3 weeks 1 week 3 days 10 days	Do Not Freeze Do Not Freeze Do Not Freeze 1 year
DELI & VACUUM-PACKED Store-prepared Egg, Chicken, Tuna, Ham, Macaroni Salad Commercial brand vacuum packed dinners	3-5 days 2 weeks, unopened	Do Not Freeze Do Not Freeze

*But not more than one week after "sell by" date